

JODIE BENTLEY

# 5 CHATGPT PROMPTS EVERY ACTOR NEEDS

HOW TO LEVERAGE  
TECHNOLOGY TO GROW YOUR  
ACTING CAREER *FASTER*

@actorinsider  
[www.Actor-Insider.com](http://www.Actor-Insider.com)

# ***CAN TECHNOLOGY HELP GROW YOUR ACTING CAREER?***

Acting, creativity, and your artistry are the polar opposite of anything with technology in the description. I completely understand how divisive this topic is in our entertainment business.

When it comes to AI, I believe it's of the utmost importance to have protections in place for not only actors, but everyone in our industry to safeguard our collective futures in this business.

I also believe that ChatGPT, CoPilot, Gemini and other technologies like these are not going anywhere.

Now, I don't want AI anywhere near my craft or my art, that is not how to maintain the humanity of what we do.

As we move into this new time in the entertainment industry, I started asking myself -

## ***How could ChatGPT benefit me in my acting business?***

I was surprised that some simple prompts saved me hours and hours of research and brainstorming.

I want to help you embrace technology for the business side of your career as well.

## **You can work smarter in your acting biz AND maintain your artistry.**

You don't have to stare at a blank page when it comes to building your brand or spend hours googling "NYC Casting Directors" or endlessly ask your actor friends for monologue suggestions. FYI, they can't even find them for themselves, never mind finding one for you!

## ***5 CHATGPT PROMPTS***

In this guide, I'm going to share with you 5 ChatGPT prompts that simplified my work load and helped move the needle on my acting business faster.

I believe every actor will find benefit in these 5 simple prompts. **All the prompts can be adjusted to fit your needs.**

Look, being an actor isn't easy, but why can't you approach it with ease?

I'm excited for you to leverage this technology that was created to bring some relief to the admin of our lives...even our acting careers.

---

### ***NEW TO CHATGPT?***

*WATCH THIS VIDEO FOR AN OVERVIEW OF HOW TO USE IT.*



# 1. IDENTIFY YOUR BRANDING THEMES

*Branding themes are the basis of what I teach when it comes to branding. Identifying these themes will help with all the other prompts in this guide.*

## Prompt:

You are a brilliant data analyzer when it comes to breaking down characters in film, television, theater, and books.

I am an actor in my [insert age range]. I am most drawn to these roles:




[insert 5 roles and the actors who played them]

Can you do an analysis these roles and find me 5-10 themes that those roles have in common?

## Example Prompt:

Click **[HERE](#)** to see the prompt I used for my career as well as my results in ChatGPT.

### **Need more info? Use these Follow-Up Prompts:**

-  Can you go deeper on those themes, please?
-  Can you give me 5 more themes that you see?
-  If you had to sum it up in 7 statements, what are the overall themes you're finding?

## 2. FINDING MATERIAL THAT FITS YOU AND YOUR BRAND

*Finding monologues, scenes and songs are the bane of every actor's existence. This will prompt will give you brand-centric material suggestions In seconds!*

### Prompt:

You are brilliant when it comes to knowing movies, TV, plays and musicals. I am an actor in my [insert age range].





Here are 10 themes in the roles I play best  
[Insert themes from Prompt #1]

I'm looking for great songs, monologues, and scenes from Film and TV to use for audition material. Can you give me a list of 60 options, 20 for each category, specifically for the stories I tell for someone in [insert her, his, their] [insert age range].

### Example Prompt:

Click **[HERE](#)** to see the prompt I used for my career as well as my results in ChatGPT.

### **Need more info? Use these Follow-Up Prompts:**

-  Can you list the specific episodes/scenes these appear in?
-  Can you give me 10 more scenes that have a more contemporary vibe?
-  Can you give me 15 more monologue options from plays written in the last 10 years?
-  Can you give 20 more song options?

### **3. BUILD A TARGETED LIST OF CASTING DIRECTORS**

*Knowing which casting directors to target can take hours of research. This prompt will let you know the CD's who tell the stories you tell instantly.*

#### **Prompt:**

You are brilliant in knowing the casting directors who work in Television in Los Angeles. I am an actor in my [insert age range].

Here are 10 themes in the roles I play best  
[Insert themes from Prompt #1]

I'm looking for a list of casting directors who have told similar themes in the [insert what they cast, i.e. Television shows, Films, Musicals, Theater projects, etc] they have cast.

Can you give me a list of 20 [insert focus, i.e. television, film, theater, musical theater] casting directors in [location] who match that?

#### **Example Prompt:**

Click **HERE** to see the prompt I used for my career as well as my results in ChatGPT.

#### **Need more info? Use these Follow-Up Prompts:**

- ✓ This is great. Can you also give me the names of 20 casting offices who cast for television and tell stories that are in alignment with my themes?
- ✓ Can you do it again and give me the names of 10 more casting directors?
- ✓ Can you do it again, but this time focus on casting directors who only cast Films in Los Angeles? Give me a list of 20 names of casting directors who work on projects that match my themes.
- ✓ Can you do it again, but this time focus on casting offices who only cast theater in NYC and Los Angeles? Give me a list of 20 names of casting offices who work on projects that match my themes.

## **4. BUILD A TARGETED LIST OF WRITERS, PRODUCERS, AND DIRECTORS**

*Like casting directors, It's also Important to know the writers, directors and producers who tell the stories you tell. This prompt will do just that.*

### **Prompt:**

You are brilliant in knowing writers, directors and producers in Film and Television. I am an actor in my [insert age range].



Here are themes of the roles I play best:  
[Insert themes from Prompt #1]

I'm looking for a list of writers, directors and producers in [insert focus, i.e. television, film, theater, musical theater] who have told similar themes in the projects they have done. Can you give me a list of 10 of each?

### **Example Prompt:**

Click **HERE** to see the prompt I used for my career as well as my results in ChatGPT.

### **Need more info? Use these Follow-Up Prompts:**

-  These are great. Can you give me another 10 of each who are up and coming writers, directors and producers who have been in some of the major festivals like Cannes, Tribeca and SXSW in the last 10 years?
-  These are great. Can you give me another 10 of each who are writers, directors and producers in theater?

## 5. IDEAS TO WRITE A SHORT FILM OR A SCENE FOR YOURSELF

*Lots of actors want to write themselves a scene or a short film. Sometimes knowing what to write can stall you out before you start. This prompt will give you suggestions on what to write that matches your brand.*

### Prompt:

You are brilliant when it comes to writing scripts. I am an actor in my [insert age range]. My focus is [insert genre, i.e. comedy, drama, dramedy, sci-fi, etc.].



Here are themes of the roles I play best:  
[Insert themes from Prompt #1]

I'm looking for 5 ideas of a short film I can write for myself.

### Example Prompt:

Click **[HERE](#)** to see the prompt I used for my career as well as my results in ChatGPT.

### **Need more info? Use these Follow-Up Prompts:**

-  These are great! Can you give me an outline on what #1 could be?
-  I love that. Now can you give me 5 ideas for dramatic scenes I can write that are in alignment with the themes of the stories I tell.

**NOTE:** *To be clear, I'm not saying to have ChatGPT write a scene for you AT ALL. You can use this prompt as a base to get yourself started. It is your voice, your point of view, your artistry that is special and needed.*



## **HAVE YOU EVER SAID...**

- I want to get in more rooms and don't know how!
- I want to have a plan and a strategy that I follow through on!
- I want headshots that feel like me and get me auditions!
- I want to feel confident about pitching myself!
- I want representation who gets me and who I love!
- I want to be an advocate for myself in this crazy business!
- I want to stop making excuses and getting in my own way!
- I want someone in my corner showing me what to do!

The **Actor's**  
Think Tank

The Actor's Think Tank membership is my proven step by step system to showcase you, your brand, and your talent - taking you from **outsider to in-demand actor in a year or less.**

I get in the trenches with you every step of the way as you massively accelerate your progress and never spend another year regretting you weren't further along.

**You Deserve to Have the Career You Want.**

**Click to Learn More...**

Use code **TATT20** and **get 20% OFF.** *Start for as little as \$37/month!*

Want to discuss your specific career needs and how we can help?  
Email us at [support@actor-insider.com](mailto:support@actor-insider.com).



*Kristen Napior*

"The business of acting can be overwhelming, but Jodie breaks it down in a digestible and personal way. **I've never felt more in control of my career** - bottom line...her sh\*t works! I've signed with a manager, launched my side hustle and all my marketing materials are crafted and working!"



*Natasha Tina Liu*

"I've booked multiple projects this year including a supporting role in a feature film opposite Jamie Dornan and Anthony Mackie. I set a goal for myself of getting a new manager and I'm in the process of taking 7 meetings with 3 offers on the table. **This stuff works!**"



*Tricia Lujan*

"Since working with Jodie, I signed an audiobook deal to narrate my first novel, with other audiobook offers on the table. **I'm now in pre-production on a feature film I wrote that I'm also producing and acting in.** All while home schooling three kids! Systems work!"



*Ryan Tran*

"Just to put it straight forward: Jodie knows her s\*\*t. **She can truly help any actor of any level really hone in on what's missing or can be improved upon that'll make you stand out in this industry.** I'm solid in my Brand, I've booked multiple commercials and signed with my first manager!"



*Andrew Kirkley*

"**I've accomplished more in 3 months than I had in the past 10 years.** Jodie has an amazing ability that calls me out on all my excuses with true love and compassion. I'm currently producing two feature films and a TV show, and I started a financial consulting company, thanks to the work Jodie does."



*Doug Shapiro*

"Holy cow what I've accomplished. I learned to use an entire home setup for both on-camera & voiceover auditions, I now own my brand and my new shots are brand-centric , gorgeous and my team loves them. And **my side hustle has grown substantially and continues to bring in more work!**"

Hey there, I'm Jodie Bentley.

An actor, CEO and career coach for actors, **I help actors book more work consistently and confidently.**

Being an actor can be frustrating. I know, I've been there...

Unable to find auditions, sleepless nights waiting for the call back, spending far too much money on headshots and acting classes, trying to land the right agents, working so hard to make ends meet while pursuing an acting career, feeling burnt out and constantly thinking - *Will I ever make it?*

After graduating from NYU's Tisch School of the Arts with a BFA in acting...



**I floundered for 8 years trying to piece my acting career together.**

My results were ok... but random and rare.

I knew there had to be a better way. So I read every freakin' business book I could.

Within 6 months, I got my Actors Equity card, my first theatrical agent, an Off-Broadway show, and I got to do a cast recording with Stephen Schwartz. And it's only grown from there with multiple theater gigs, commercials and having projects with **Netflix, Hulu, ABC, CBS, Apple TV, FOX, TIFF, Cannes & more.**

All that happened because **I took branding and business principles that work in the real world and morphed them for the actor.** Everything changed.

These authentic and holistic actor branding and marketing systems are what I'll teach you to get the acting career you want. Welcome to [Actor Insider.](#)

